

February 8, 2026

Our God Is Lord

**Ps. 25:15** *My eyes are ever on the LORD, for only He will release my feet from the snare.*

The Hebrew word for *release* is **yovtzi** which means *to pluck out, set free or cause to let go*. The tendency towards sin in us can quickly lead to bondages in our lives. Ask anyone who is addicted to alcohol, drugs, pornography, video games, gossip, gluttony, or countless other sins. Each of these begin with the initial sin and then followed up by returning to that sin. Before long, there is a bondage that has trapped us just as a net traps a fish or a trap catches a wild animal. The bait seems too tempting to turn away from.

The Psalmist reminds us in this passage that the key to freedom is found in keeping our eyes on the LORD. Why? Because He is the only One with the power to set us free. He is the only One with the power to do this. We must keep our focus on the One Who has the answer for every sin and bondage. He is the answer! Paul reminds us in **Col. 3:2** to *set your minds on things above, not on earthly things.*

There is no doubt that we struggle with this because our focus is not always where it needs to be. How can we do the will of God if we are looking to this world to fulfill us? **Mt. 6:33** *Seek first the kingdom of God and His righteousness; and all these things will be added to you as well.* The lie of the evil one is that we don't need to rely on God; we can make it on our own. But remember that the devil is the father of lies and he hates you and wants to steal, kill and destroy. Our only hope is the LORD Himself. **Ps. 121:1-2** *I lift up my eyes to the hills-where does my help come from? My help comes from the LORD, the Maker of heaven and earth.*

**Dear LORD, we look to You for our help. You are the only One Who can free us from the sins that so easily entangle us. Help us LORD, to keep our eyes fixed on You. You are our only hope. In Jesus Name, Amen**